

THIS
MAGAZINE
PAYS FOR
ITSELF

Enjoy life for less!

all you

INSIDE
\$81.39
WORTH OF
COUPONS

Issue 3, March 25, 2011

Spend less
on everything
you buy

Groceries, clothes, cable and more

**CLEAN YOUR HOUSE
FASTER + BETTER**

27 Task
rec

Green your cleaning routine

You don't have to go eco all at once. Introduce these ideas and products one at a time.

Easy, healthy way
LOSE WEIGHT

WELCOME
SPRING



CHOOSE RECYCLABLE TOOLS.

Using machine-washable cotton and microfiber cloths is not only an earth-sensitive alternative to paper towels, it saves money. To wash, try an environmentally friendly laundry detergent made from plant products, like Ecos (\$7 for 50 oz.; ecos.com).

